

# Southern Counties Cycling Union

Present

25 Mile Time Trial

To be held

On

7.12 am

April 14<sup>th</sup> 2019 Course G25/51

**Prize List** 

1<sup>st</sup> On Scratch £30.00.. 2<sup>nd</sup> £25.00. 3<sup>rd</sup> £20.00

Fastest Lady £20.00 2<sup>nd</sup> £15.00

CTT Target Times will be used to calculate the Veteran Awards

1<sup>st</sup> on Target Time £20.00..2<sup>nd</sup> on t/t £15.0.

Handicap 1<sup>st</sup> £20.00 2<sup>nd</sup> £15.00

Handicap calculated by Jonathan Vickery SCCU

Fastest team of three on Scratch

£15.00 each

Timekeeper Mr.M.Irons

Assistant Timekeeper Mr.R.Blackmore



## Headquarters. Broadbridge Village Hall Wickhurst Lane Broadbridge Heath RH12 3YL

No vehicular access from the A281

HQ Open from 6.00 am

Time to start approximately 18 mins. Depending on your handicap.

Directions to start:- Aprox 4.00 miles. Exit car park and follow A281 to Farthings Hill rbt take 2<sup>nd</sup> exit (slip road) to A24 continue on A24 via Robin Hood rbt to Gt Daux rbt take first exit A24 to Kingsfold left at pub into Marches Road start is aprox 150 yards past the pub.

OS ref	DETAILS G25/51 Start in Marches Road at metal gate		DISTANCES		
168364	opposite entrance to Tickfold Farm 50 yards west of speed restriction sign	0.00	0.00		
	Proceed west to A 29. care when joining A29	1.39	1.39		
131335	Left to Clemsfold RBT Left on A281 via Nowhurst RBT	1.59 0.57	2.80 3.55		
143318	Follow A281 via Broardbridge Heath industrial estate	0.96	4.51		
142312	Newbridge RBT	0.40	4.91		
154313	Continue on A281 past Tesco RBT to Farthings Hill RBT	0.77	5.68		
165323	2nd exit down slip road to A24 north past Robin Hood RBT	0.97	6.65		
159333	to Gt Daux RBT where 1st left A24 to	0.61	7.26		
169366	Kingsfold	2.29	9.55		
171398	Past Clarks Green RBT A24	2.10	11.65		
168398	LEFT at Bear Green RBT A29 (care), Follow A29 through Ockley, past the	2.23	13.88		
131335	west end of Marches road to continue as befor to Clemsfold RBT	7.39	21.28		
165323	Left to Nowhurst RBT, follow A281 to Farthings hill RBT take 2nd exit north down slip road to A24 to Robin Hood RBT	3.67	24.95		
169324	LEFT (extra care) into Robin Hood Lane to Finish at paint mark	0.05	25.00		
and attachment for more course info					

Upload attachment for more course info.

Take extra care when joining the A29 after the start (use the joining slip road) and all roundabouts especially at Bear Green and when turning into Robin Hood Lane.

**Directions to the HQ from the finish:-** continue on past the finish to the end of Robin Hood Lane at the junction with Broardbridge Heath Road turn left and follow it to the junction with Old Guildford Road and turn left to offset cross road, cross into Wickhurst Lane,



#### **Attention Riders**

In this day and age of marginal gains the use of ultra fragile and expensive skinsuits seems to be the order of the day, so in deference to that scenario arm numbers will not be issued, therefore it will be up to the individual rider to resist the urge to turn into the finishing lane at the first visit but enjoy a further 18 or so miles before entering the finishing lane..... with care.

NUMBERS WILL BE AT THE HQ where you are required to SIGN IN AND SIGN OUT, in person (CTT reg). Please return numbers to the HQ after the event. Please note that for 2019 all competitors are now required personally to sign out when returning their number. Failure to do will result in the competitor being recorded as DNF.

PLEASE replace pins in numbers should you remove them as an aero aid to a super quick ride. Thank you.

#### Remember to sign out when returning your number.

Returning your number is also a passport to a complimentary beverage.

#### **London South District Regulation:**

No vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

**CTT regulations require** the compulsory use of helmets for the under18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard shell helmet that meets internationally accepted safety standards.

### **Competitors' Machines:**

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.